

## NGS ADMINISTRATORS GUIDELINE CHECKLIST

In order to treat a patient within the Medicare areas administered by National Government Services the patient must have a documented six week trial of conservative therapy which includes:

- \_\_\_ 1. Daily exercise plan
- \_\_\_ 2. Periodic leg elevation
- \_\_\_ 3. Weight loss
- \_\_\_ 4. Use of graduated compression stockings

The conservative therapy failure will need to be documented.

The patient must be symptomatic and have one or more of the following:

- \_\_\_ 1. Stasis ulcer of the lower limb
- \_\_\_ 2. Significant pain and significant edema that interferes with activities of daily living
- \_\_\_ 3. Bleeding associated with the diseased vessels of the lower extremities
- \_\_\_ 4. Recurrent episodes of superficial phlebitis
- \_\_\_ 5. Stasis dermatitis
- \_\_\_ 6. Refractory dependent edema

If conservative therapy measures have failed, AND they have one of the criteria immediately above, an ERFA or laser ablation may be performed if All of the following are met:

- \_\_\_ 1. Maximum vein diameter of 20mm for laser ablation
- \_\_\_ 2. Absence of thrombosis or vein tortuosity impairing catheter advancement
- \_\_\_ 3. Absence of significant peripheral arterial disease

The History and Physical in addition to your normal documentation should contain:

- \_\_\_ 1. The order for the Diagnostic Ultrasound
- \_\_\_ 2. Absence of PAD
- \_\_\_ 3. A patient statement or two on HOW their activities of daily living are impacted by their venous disease
- \_\_\_ 4. The order for conservative therapy

### **CGS GUIDELINE CHECKLIST (cont.)**

The Diagnostic Ultrasound in addition to your normal documentation should contain:

- 1. Absence of DVT
- 2. Presence and patency of deep vein system
- 3. Documented vein size and reflux

