

NOVITAS GUIDELINE CHECKLIST

In order to treat a patient within the Medicare areas administered by Novitas, the patient must have one of the four following conditions:

- ___1. Hemorrhage from a ruptured or ulcerated varix
- ___2. Recurrent superficial phlebitis
- ___3. Progressive skin/soft tissue changes
- ___4. CEAP 2 or 3 and three months of documented conservative therapy

Conservative Therapy includes:

- ___1. Compression grade stockings (18-30)
- ___2. Weight reduction to or below a BMI of 35
- ___3. Leg elevation when needed
- ___4. Exercise program of calf muscle pumping activity

The conservative therapy failure will need to be documented. We recommend bringing the patient back at day 45 to review compliance and then again at day 90 to assess the conservative therapy.

The History and Physical in addition to your normal documentation should contain:

- ___1. The order for the Diagnostic Ultrasound
- ___2. The patient's BMI
- ___3. A patient statement or two on HOW their ADL's or employment are impaired or compromised
- ___4. The order for conservative therapy (or this can be in the diagnostic ultrasound report by the physician)
- ___5. Absence of PAD

The Diagnostic Ultrasound in addition to your normal documentation should contain:

- ___1. Absence of DVT
- ___2. Presence and patency of deep vein system
- ___3. Documented vein size and reflux
- ___4. Symptomatic veins must be in distribution of the refluxing saphenous

