

FIRST COAST OPTIONS GUIDELINE CHECKLIST

In order to treat a patient within the Medicare areas administered by First Coast Options the patient must have one of the following:

- ___1. CEAP 2 and a VCSS score of less than 6 may be treated after a 90 day course of compressive therapy
- ___2. CEAP 2 and a VCSS score of greater than 6, or CEAP 3 through 6, you may begin a 90 day episode of care

Conservative management of the patient should include:

- ___1. Compression grade stockings (15-20)
- ___2. Weight management
- ___3. Leg elevation when needed

The conservative therapy failure will need to be documented. We recommend bringing the patient back at day 45 to review compliance and then again at day 90 to assess the conservative therapy.

The episode or plan of care starts with the first date of service or procedure. The plan is expected to address all sites of clinically significant axial or non-axial reflux to be used in a 90 day episode of care consistent with the patient's condition.

Billing/Coding Alert: Thermal ablation of the same leg on two different days (tx. of GSV and SSV) will not be allowed unless the procedure note clearly documents why the procedure had to be split.



FIRST COAST OPTION GUIDELINE CHECKLIST (cont.)

The History and Physical, in addition to your normal documentation, should contain:

- ___ 1. CEAP and VCSS scores
- ___ 2. The order for the Diagnostic Ultrasound
- ___ 3. The order for conservative therapy if applicable
- ___ 4. Exclusion of other causes of leg pain, ulceration and edema
- ___ 5. Documentation of any skin thickening and/or discoloration, superficial phlebitis, edema, variceal hemorrhage, and/or ulceration

The Diagnostic Ultrasound should be performed by an accredited vascular technician and, in addition to your normal documentation, should contain:

- ___ 1. Absence of DVT
- ___ 2. Presence and patency of deep vein system
- ___ 3. Documentation of the vein(s) noting:
 - ___ A. Visibility
 - ___ B. Compressibility
 - ___ C. Venous flow
 - ___ D. Augmentation
 - ___ E. Phasicity
 - ___ F. Vein size
 - ___ G. Reflux

