

NORIDIAN GUIDELINE CHECKLIST

In order to treat a patient within the Medicare areas administered by Noridian, the patient must have a three month trial of conservative therapy which includes:

- ___ 1. Exercise
- ___ 2. Periodic leg elevation
- ___ 3. Weight loss
- ___ 4. Compressive therapy
- ___ 5. Avoidance of prolonged immobility

The conservative therapy failure will need to be documented. We recommend bringing the patient back at day 45 to review compliance and then again at day 90 to assess the conservative therapy.

If conservative therapy measures have failed, an ERFA or laser ablation may be performed if All of the following are met:

- ___ 1. Absence of aneurysm in the target segment
- ___ 2. Maximum vein diameter of 12mm for ERFA and 20 mm for laser ablation
- ___ 3. Absence of thrombosis or vein tortuosity impairing catheter advancement
- ___ 4. Absence of significant peripheral arterial disease

The History and Physical in addition to your normal documentation should contain:

- ___ 1. The order for the Diagnostic Ultrasound
- ___ 2. Absence of PAD
- ___ 3. A patient statement or two on HOW their ADL's or employment are impaired or compromised
- ___ 4. The order for conservative therapy

The Diagnostic Ultrasound in addition to your normal documentation should contain:

- ___ 1. Absence of DVT
- ___ 2. Presence and patency of deep vein system
- ___ 3. Documented vein size and reflux

